

Getting Kids Ready for Living in a COVID Environment



Back to School COVID-19 Parent/ Teacher Support Guide

Today's community has been faced with a challenge that none of us have seen before in our lifetimes. Through this we have learned a great deal about resiliency, perseverance, and kindness. Families and schools are working together to ensure the health and safety of children as well as supporting them through these challenging times to the best of their ability. We know that supporting children is a common goal that we share, and in order for us to prepare our children with the tools they need to be safe, we need to invest time into educating our children about Covid-19 and teaching them how to be safe in a consistent and clear way. The purpose of this guide is to help the community to pre-teach, reteach and support children to become as safe and secure physically and mentally as possible during these challenging times.

Guide for Using this Tool

1. Choose a COVID-19 learning tool that is developmentally appropriate
2. Choose a COVID-19 learning tool that is of INTEREST to your child
3. Watch or read the tool together
4. Discuss - ask questions/ answer questions
5. Model the suggestions from the Covid-19 tool in a variety of settings (home, outside, park)
6. Repeat steps 1-5 multiple times using a different COVID-19 tool



Early Childhood & Preschool

- Greet Six Feet Song
- Social Distancing Explained in Video
- Social Distancing Explained in a Story
- Social Distancing in a Book
- Washing Hands
- Wearing a Mask



Elementary K-5th grade

- Lego Friends Video
- Social Distancing Video
- Greet from Six Feet Rap
- Social Distancing Brain Pop Video
- Corona Super Heroes



Middle School

- Informational Video
- Understanding Covid -19/ Science
- Parent Support Video with Strategies-CDC
- How to wear a mask



High School

- Impact on young adults video
- Parent Resource for Helping Kids Cope with Changes
- CDC Guide for Supporting Teens
- Video Explanation



Special Needs

- Video Social Story on Wearing Mask- Young Child
- We Wear Mask- Social Story for Young Child
- Teenage Social Story
- Corona Virus Social Story for Young Adult
- Teen Social Story on Mask Wearing



Together, we can overcome this!

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